**DECISION MAKING ACTIVITY**

Think of a simple decision you will have to make this week, like choosing what to eat for lunch or what game to play with your family. Try using the decision making steps to come to the best possible choice!

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| **Step One:**  Identify the decision you need to make. |  |
| **Step Two:**  Brainstorm 3-5 Options | #1:  #2:  #3: |
| **Step Three:**  Identify Possible Outcomes for Each Option | What are the likely outcomes if you make that choice?  What are some pros and cons?  (You may have to gather more information.) |
| Option #1: |  |
| Option #2: |  |
| Option #3: |  |
| **Step Four:**  Make your decision | I chose option # \_\_\_\_\_\_\_\_\_\_\_\_\_. |
| **Step Five:**  Reflect. How did it turn out? Would you make the same choice again? |  |